

Message from Richard Popplewell, interim chief executive

As many of you will undoubtedly be aware, NHS Hampshire's chief executive, Gareth Cruddace has not been at work having been caring for a member of his family. It was hoped that in the following months that Gareth would return to his post but this has not been possible.

Unfortunately Gareth's personal circumstances have not resolved themselves. It was with regret, therefore, that Gareth and Jonathan Montgomery agreed that we now need to make arrangements for the appointment of a permanent Chief Executive for Hampshire Primary Care Trust.

To keep the PCT 'on-track' and provide stability for the next six months, I was approached by the Trust's Board to take the role as an interim chief executive until the end of the year.

My NHS career started in 1977 following an academic background in statistics and operational research. I have had various NHS positions and am currently chief executive of Stockport PCT.

Outside of the PCT I chair the Greater Manchester Cardiac and Stroke Boards and I hope some of this expertise might be useful here. I am Vice-Chair of the national Information Standards Board and chair the National Activity Reporting Service Board which is going to specify and procure a replacement for HES and PbR reporting mechanisms.

I am really keen to make NHS Hampshire even more successful, but I can't achieve this alone. As a result, I would like to hear your views on the relationship you have with us and how you believe it can be improved.

It would be really helpful for me to understand if you know what our priority areas are? Are you clear on how NHS Hampshire services are commissioned? Please let me know your thoughts by emailing the [Communications Team](#). I am keen to make NHS Hampshire a partner you know and want to work more closely with.

look forward to hearing from you.
Richard Popplewell

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Finance

We are reporting a £1,055,000 overspend for month three and a breakeven forecast for 2009/10.

Information relating to May's acute contract activity has been received from most providers. The quality of the data received has significantly improved compared to April's data. However there still remains a number of issues with the smaller contracts which have yet to be resolved regarding the accuracy of the data. Those positions were reported as breakeven for month three and further work is underway with providers to ensure that we have robust information available for month four reporting.

Month three has seen an overspend on Portsmouth Hospitals NHS Trust, Salisbury NHS Foundation Trust, Hampshire Community Health Care, CAMHS placement and continuing care. This was partially offset by the under-spending of nursing care; other acute commissioning; and primary care prescribing. Actions are being put in place to reverse the overspends.

Delivering demand management savings remains a challenge. Whilst we are performing better than last year we are below this years plan, therefore over the next few months further schemes will be developed to achieve the 2009/10 demand management target.

The PCT has also been notified of its capital control total for 2009/10 which means the remaining capital schemes have been allowed to proceed as per our original plan.

We must all remain focused on delivering cost reductions and managing demand if we are to deliver our breakeven forecast, so we need everyone to do all they can to support the position.

Performance

There has been a change to the way NHS Hampshire reports on performance. The new report, called the Commissioning Performance and Assurance Report (CPAR) is made up of a high level dashboard based on our five strategic goals and a more detailed report for each individual goal.

The aim is to link every target and work programme in the Operating Plan to one of the five strategic goals and to provide assurance to the Board that the top priority programmes and targets are being delivered and that any strategic risks are being mitigated.

The targets which will be monitored are existing national standards, vital signs priorities 'A' and 'B', vital signs 'C' indicators that have been selected as local priorities, Local Area Agreement targets and World Class Commissioning outcomes. A number of other areas will be monitored including legal requirements, system sustainability schemes and transforming outcomes initiatives.

Responsibility for monitoring performance set out in the report has transferred from the Performance and Delivery Group to the Management Committee and any targets or programmes which are at risk of year end failure are reported to the Commissioning Board. A copy of the first report is available on the [website](#).

Appointment of Non-Executive Director

Hampshire Primary Care Trust (PCT) is pleased to announce the appointment of Non-executive director Stephen Cuthill.

Steve was the Chief Operating Officer of the Serco Group, a FTSE 100 company, operating across the public sector until his retirement. Steve and his wife Lorna live in a small village near Basingstoke and have a son who is training to be a doctor and a daughter who is an airline pilot. Steve is a keen private pilot himself and an enthusiastic but moderately skilled skier.

All Non-executive director appointments are made on merit and political activity plays no part in the selection process. However, in accordance with the original Nolan recommendations, there is a requirement for appointees' political activity (if any declared) to be made public. Stephen Cuthill has not declared any political activity in the past five years and does not hold any other ministerial appointments.

The appointment has been made by the Appointments Commission and in accordance with the Commissioner for Public Appointments Code of Practice. The position will run for four years from May 1, 2009 to April 30, 2013. The remuneration for the post is £7,882 per annum.

Hampshire health scores highly again

Once again, Hampshire residents scored highly in the annual local authority Health Profiles, which were released on Tuesday, June 30, 2009.

The profiles provide a snapshot of health for each local council across England using 32 key health indicators. These include deprivation, obesity, smoking and healthy eating and allow national comparisons as well as helping councils target areas in the worst categories.

Overall, the profiles show that people living across Hampshire can expect to live longer, healthier lives:

- Male and female life expectancy is higher than the national average.
- Over the last ten years the rate of death from all causes combined, including the early death rates from cancer, heart disease and stroke, have all improved and are better than the national average.
- The percentage of children classified as obese is better than the national average
- The percentage of children undertaking recommended levels of physical activity in schools is better than the average for England.

The Hampshire Local Area Agreement has prioritised tackling mortality rates, child obesity, teenage pregnancy and hospital admissions for alcohol related harm over the next three years.

NATIONAL PANDEMIC FLU SERVICE

www.direct.gov.uk/pandemicflu
INFORMATION 0800 1 513 513
TREATMENT 0800 1 513 100

National Pandemic Flu Service

The national pandemic flu service was launched on July 23, 2009. Therefore people who have flu like symptoms should now either visit the website or call the national flu service to check their symptoms and get a unique number which will give them access to antivirals if necessary.

People who are given a unique access number will be told where their nearest antiviral collection point is. They should then ask a flu friend – a friend or relative who doesn't have swine flu – to go and pick up their antivirals.

This new service will relieve pressure on GPs and NHS, enabling them to deal with other illnesses that need their urgent attention as well as swine flu cases.

Website: www.direct.gov.uk/pandemicflu
Phone number: 0800 1 513 100
Textphone: 0800 1 513 200

Plans for new NHS Healthcare Centre in Basingstoke

Residents, commuters and visitors in north Hampshire will soon benefit from a new Healthcare Centre due to open this autumn, offering both medical and dental services.

The contract for the medical service has been offered to Hampshire Health, a partnership between 13 local GP practices and Assura, a leading healthcare provider and the contract for the dental service to Dr Sharma, an established provider of current dental services in Hampshire.

The new Healthcare Centre will run from the Basingstoke and North Hampshire NHS Foundation Trust site as it has excellent transport links. The service will be open from 8am to 8pm (8.30am to 6.30pm on bank holidays), seven days a week, 365 days a year. Patients will be able to access a wide range of health services including pre-bookable GP appointments and walk-in services for either registered or non-registered patients. The list of services available will also include vaccinations and immunisations, contraceptive services, cervical screening, maternity medical services, minor surgery and stop smoking services.

From its opening in the autumn of 2009, the service expects to develop a registered patient list of 1,000 in year one increasing to 3,000 by year five.

Meet Costin Matei

Job title Emergency planning manager

Background I have a nursing background with over five years experience in the A&E Department and Intensive Care Unit at SUHT

Role and responsibilities I manage emergency planning for NHS Hampshire and Hampshire Community Health Care on a temporary basis (covering maternity leave). From October I will be working in Primary Care project management

Current goals and priorities My first and foremost priority is help Hampshire manage swine flu effectively

What do you like to do outside work? I like to mountain bike in the New Forest and when possible I also like to go Apnea Diving (free-diving)

How would your friends describe you? Happy and colourful

Ideal holiday destination Bora-Bora

Interesting fact people wouldn't know about you I have been practicing yoga for the past 15 years

Your idol Mr Incredible – He always manages to save the world

Favourite film Baraka, a movie with no conventional plot

Dementia: do you know how to prevent it?

This year's Dementia Awareness Week took place from July 5 to July 11 and was supported by NHS Hampshire and Hampshire County Council.

What people may not know is that the things you can do to protect your heart, also reduce your risk of dementia. Dementia is not a natural part of ageing and there are steps you can take at any age to help reduce your risk.

Our top tips for reducing risk:

1. Eat healthily - eat lots of fruit and vegetables and try to limit the number of high-fat, sugary and salty foods you eat.
2. Get active - try to exercise for 30 minutes at least five times a week.
3. Watch your blood pressure and cholesterol - ask your GP to check these regularly. A healthy diet and regular exercise can help keep you within healthy limits.
4. Keep a healthy weight - nearly a quarter of all adults in the UK are obese. Obesity is linked to the development of dementia so it's important to keep in shape.
5. Don't smoke - smoking has an extremely harmful effect on the heart, lungs and blood system (including the blood system in the brain).

This awareness raising work is in conjunction with the Joint Older People's Mental Health (OPMH) strategy that is being implemented in partnership by NHS Hampshire and Hampshire County Council.

Our Funding Program

This program provides funding for projects and services which address the key health issues in Hampshire. Funding will be granted to programs which support the strategic goals of NHS Hampshire, the objectives of Healthy Horizons and our Operating Plan for 2009/10.

We have a funding window which opens for applications on August 1, 2009 and closes on October 31, 2009. In order for us to process these applications efficiently we require them to be completed within 10 working days of receipt of the form. Application forms will be delivered by email.

Before applying, the organisation must ascertain that their service/project supports the strategic goals of NHS Hampshire and the objectives of Healthy Horizons, these are as follows.

NHS Hampshire's strategic goals:

- Reduce health inequalities
- Transform pathways of care for 'big killers'
- Improve pathways of care for patients with long term conditions
- Recycle an increasing proportion of funding each year
- Continuously improve quality and outcomes for commissioned services.

NHS Hampshire's transforming outcomes initiatives:

- Reducing vascular inequalities
- Stroke pathway improvement
- Improving dementia care outcomes
- Improving the planned care pathway
- Avoiding unnecessary hospital admissions.

For further information or if you have an enquiry see the [website](#).

Join the E&D steering group

The Equality and Diversity (E&D) steering group which advises NHS Hampshire on equality and diversity is looking for people to become members. The next meeting is to be held at Omega House, Eastleigh on Thursday September 17, 2009. The meeting starts at 11.30 am and will finish by 1.30 pm.

To find out more contact Nick Birtley, Equality & Diversity Manager, via [email](#) on 023 8062 3285.

New NHS dentists in Hamble

As part of NHS Hampshire's continuing programme of increasing NHS dental care available to Hampshire residents a new NHS dental practice will open in Hamble on July 20, 2009. Local people can now start to register with the practice, which is able to take on over 6,000 new patients over the next 12 months.

"We are very excited that this new practice is opening and we are able to offer more NHS dental care to local residents," said Julia Bagshaw, associate director for primary care commissioning for NHS Hampshire.

Our Board discussions and decisions

The NHS Hampshire Board met on July 23 at The Princes Hall, Aldershot. Among other key decisions taken, the Board, undertook the following:

- Approved the criteria which underpin the rapid appraisal of significant investment proposals across Hampshire.
- Noted that the following capital schemes presented before the Board in July 2009 have been assessed against these criteria and are all considered appropriate to continue:
 - The Strategic Service Development Plan for South West Hampshire LIFT.
 - Approved, in principle, the draft Stage 2 Business Case for the Gosport Medical Centre.
 - The Full Business Case for the proposed re-provision of the NHS Campuses.
- Noted the revised criteria for access to assisted conception services that will be implemented across the NHS South Central from December 1, 2009.
- Noted the performance against the 2009/10 financial targets in Month 3 and noted the risk to the year end forecast currently identified as breakeven.
- Received the NHS Hampshire Commissioning Performance and Assurance Report and reviewed and derived assurance from the assembled metrics that the principal risks of the NHS Hampshire are adequately mitigated.
- Noted the changes of the NHS Hampshire's internal performance management arrangements.
- Received NHS Hampshire's strategic risks and were assured that the appropriate actions are in place to mitigate the risks.
- Approved and revised the Terms of Reference for the Governance and Healthcare Assurance Committee.
- Noted the revised constitution of the Hampshire Local Optical Committee.
- Approved the changes proposed to the list of approved signatories of NHS Hampshire.
- Received the minutes from Committees of the Commissioning Board.

The papers for the Commissioning Board are available on the [website](#). The next meetings will take place on Thursday, September 24, 2009 at the Ark Conference Centre, Basingstoke

Privacy and dignity within the NHS

The NHS is committed to making sure that all patients receive high-quality care that is safe, effective and focused on their needs. The NHS Constitution states that all patients have the right to privacy and to be treated with dignity and respect.

It is clear from what patients tell us that being in mixed-sex accommodation can compromise their privacy and dignity at a time when they may already be feeling vulnerable. The most common concerns include physical exposure, being in an embarrassing or threatening situation, noise, and the possibility of other patients overhearing conversations about their condition.

In January 2009, the Department of Health announced a package of measures designed to 'all but eliminate mixed-sex accommodation' by 2010. These include:

- dedicated funding to support improvements and adjustments to hospital accommodation
- providing information and guidance to hospital staff, patients and the public
- sending an improvement team to hospitals that need extra support, and
- introducing rigorous measures so that the Department can see how hospitals are progressing against the goal.

Across Hampshire, NHS Trusts are working to improve the privacy and dignity patients receive when they are in hospital. This includes improving washing and bathing facilities and to offering single sex accommodation/wards where medically possible.

Live Life Smokefree gets national coverage!

A new football team in Havant has attracted national attention thanks to the Live Life Smoke Free project.

Live Life Smoke Free is a joint project between Smoke Free Hampshire and Isle of Wight, NHS Hampshire, Quit4Life (the Hampshire Community Health Care Stop Smoking Service) and borough councils in the Havant, Fareham, Gosport and Rushmoor areas. It works with local football, sports and leisure clubs to target men from routine and manual groups through football and it's seen the birth of "AFC Smokefree" which is made up of men who've stopped smoking with help from Quit4life. The team recently won the Hampshire Challenge Cup (proving that giving up smoking can really benefit your health and fitness!).

The Department of Health has chosen to launch the new "Smokefree United" football-based stop smoking campaign using AFC Smokefree in September. This will not only bring national acclaim to the team, but will highlight the work going on to help people go smoke-free in the South East Hampshire area. The plans include a high profile media event featuring Ian Wright.

**PRIVACY
DIGNITY
RESPECT**

Healthier Hampshire

The Health and Well Being Partnership Board (comprising NHS Hampshire, Hampshire County Council, each District Council and the Voluntary Sector) is keen to hear views to help develop Hampshire's first Health and Well Being Strategy.

The long term vision for the county includes:

- Children having the best possible start in life
- Everyone should have a long and healthy life
- There should be facilities for recreation, enjoyment and celebration of local culture
- Vulnerable people should be supported and protected
- The independence of older people should be maintained

The new strategy seeks to show how together we can work to make these ambitions happen by addressing factors that affect health including: exercise, diet, employment, housing and living conditions.

Have your say on areas of focus for the strategy and improving health and well-being in Hampshire, by visiting the [consultation webpage](#). Here you will find the full consultation document providing more information and a response form for your views. Please respond by September 18, 2009 by emailing [Samantha Hudson](#). For further enquiries please contact Samantha on 01962 845605.

NHS Hampshire comes to an area near you

During the next few months the Sign Up scheme will be visiting local events all across the county with the aim of recruiting new members. Our next event is the Safer Havant Fun Day 2009 on Aug 12, 2009 at the ASDA super centre in Leigh Park between 11am – 3pm. The event is being organised by the Safer Havant Partnership which is a group comprising the council and the emergency services. This group aims to offer safety information and advice to help tackle the Safer Havant's main priorities, which are alcohol, anti-social behaviour and violence.

A member of NHS Hampshire's communications team will be on hand to talk to residents about the benefits of signing up to NHS Hampshire. To find out more about the 'Sign Up' Scheme or how to get involved visit the [web-site](#) or email the [sign up team](#). Alternatively you could call James on 023 8062 7578.

Parity for Disability

Parity for Disability provides vital services, information and support for children and adults with profound and multiple disabilities in Hampshire, Surrey and Berkshire.

The people using Parity's services have significant physical and learning disabilities, many also have accompanying sensory impairments and need support in communicating. Parity believes they should have the opportunity to reach their potential and be included in their community.

At Parity's pioneering day services, trained staff work on a one-to-one basis. They assess each student's needs and provide a stimulating environment in which they can develop and achieve, accessing diverse academic, social, living and recreational opportunities. The range of therapies available, including speech and physiotherapy, addresses mobility, independence, communication and well-being.

Parity's music therapy service works with children and adults in a variety of settings. Skilled music therapists address communication, developmental and emotional needs.

Parity runs Easter and summer teen activity schemes, when teenagers with multiple disabilities meet with friends, try new activities and pursue hobbies, supported by college and university students who share their young outlook.

Parity's philosophy of Equality, Dignity and Rights is the driving force behind all that they do. To learn more, please visit their [website](#) or call 01252 375581.



Health Walks

The Hart Neighbourhood Centre in Hook is an accredited Health walk scheme provider, part of the 'Walking the way to Health Initiative'. This is a joint venture between Natural England and the British Heart Foundation. Health walks are aimed at people who would like to walk at a gentle pace in a safe and social setting. The Centre provides encouragement to people who may be rehabilitating after an illness, who would like to begin to take gentle exercise or who feel they would like to meet people. Short walks are provided for those who are less able and everyone can walk at their own pace.

The Centre has already received funding from Sports Relief to run health walks in Hartley Wintney, Crondall, Church Crookham and Fleet.

More information is available on the [website](#). Alternatively [e-mail](#) or call 01256 760800.



Registered charity no: 1126242

Creative Art

The Hook Creative Art Group held at the Hart Neighbourhood Centre is a group for people who may have experienced depression, anxiety, long term illness or stress and want to start a new hobby or enhance their skills. This is not an art class as such but is for people of all abilities to work together and enjoy a social couple of hours with the help of experienced artists if needed, and to use art as a form of relaxation.

Stepping Stones

Stepping Stones is a support group for parents and carers of children with Down Syndrome, living in Berkshire, North Hampshire and Surrey. They meet on the first Friday of every month in Hartley Wintney. There is no charge for attending their sessions. Members are free to use their library of books, information and useful resources.

They also meet at Disability Challengers in Farnham on the third Friday of each month, when some of the children receive group speech therapy sessions.

Stepping Stones is keen to forge links with local health professionals, to help them provide support and relevant timely information to parents following a diagnosis of Down Syndrome (antenatally or postnatally) or for parents/carers who are looking for a support network. They regularly run training courses for parents and health/education professionals.

They have published a booklet, 'Our Stories', written by the families who come to Stepping Stones, plus siblings, friends and other family members. It includes real life stories about the experiences of having children with Down Syndrome and can be used in hospitals to be given to parents at the time of diagnosis. Copies have already been sent to the midwifery teams at Frimley Park Hospital, North Hampshire Hospital and the Royal Surrey Hospital, as well as to other health professionals in the local area, and have been very well received. The booklet is available free of charge to health professionals in the North Hampshire, Surrey and Berkshire areas.

Further information is available on the [website](#) or by [e-mail](#).



Independent Equality Forum

Community Action Hampshire (CAH) would like to ask for your opinions concerning the establishment of Hampshire's first Independent Equality Forum. Details of the forum's structure and development are outlined in a consultation document released at the beginning of August, this is available on [CAH's website](#). If you require any other format please contact Jane Rawlins-Mateus on 01962 857357.

The main aim of the Forum is to provide Hampshire's organisations, communities and individuals, who represent all equality strands, a free space within which they can voice their opinions, issues, and proposals for change relating to the equality and diversity agenda at a county-wide level. Its development will be key to furthering the principles of equality and diversity across all sectors in Hampshire.

The consultation document, which outlines the proposed structure and development of the Forum, has been based on the feedback received from the '[Building a Fairer Hampshire](#)' event which took place on the June 24, 2009, and from previous meetings with key stakeholders held at the beginning of 2009.

The consultation will take place between August 2009 and November 2009. During the consultation process, there will be a working party meeting in September to discuss the findings and once the process is closed, a full Forum event will be held in November to carry out elections (dates to be confirmed). Presently, there is no Independent Equality Forum in Hampshire of this nature and we would very much appreciate your feedback concerning its proposed structure and development. Many thanks in advance.

The creation of the Forum derives from work carried out on the Diversity Network Project by CAH and partners (2006-2008) and the Hampshire Voluntary Sector Consortium (HVSC).

For further information contact:

Hannah O'Neil, communications advisor for
NHS Hampshire on 023 8062 7472 or [via email](#).